

# Admission into prison



**Women who have just arrived in prison should be provided with the following information and resources (in a language they understand):**

- Facilities to contact their relatives
- Access to Legal Advice
- Information about Prison Rules and the Prison Regime
- Information about complaints and disciplinary procedures
- Where to seek help when in need
- Foreign nationals should be provided access to consular representatives by contacting their Embassy

**United Nations Rules for the Treatment of Women Prisoners, rule 2(1) and  
Standard Minimum Rules For The Treatment Of Prisoners, rule 35**

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